



PROJECT MANAGEMENT
CENTER FOR EXCELLENCE

A.J. CLARK SCHOOL OF ENGINEERING
Civil & Environmental Engineering Department



MIND GAMES

The Art and Science of Highly Motivated and Top Performing Project Managers

Johanna Quintero & Ryan Anderson
2019 Project Management Symposium



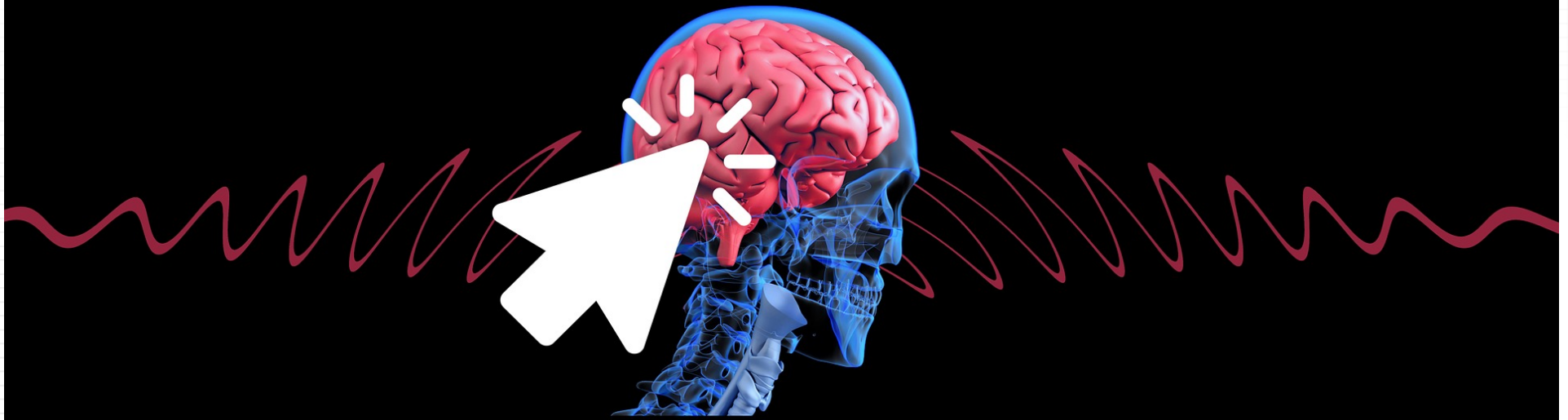
AGENDA

- Creating Motivation
- Life Cycle of Motivation
- Maintaining High Performance
- Questions



MOTIVACTION

Art & Science





The Myth

**Motivation is
created or
caused by
outside forces.**





Creating Motivation

Motivation is like milk: it expires





Life Cycle of Motivation



From this

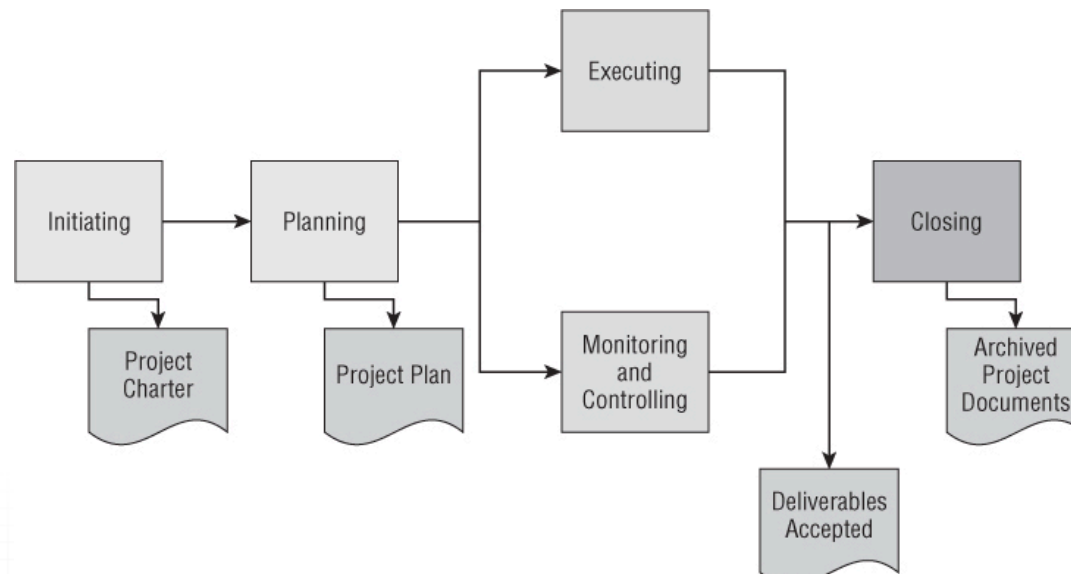


To this



Life Cycle of Motivation

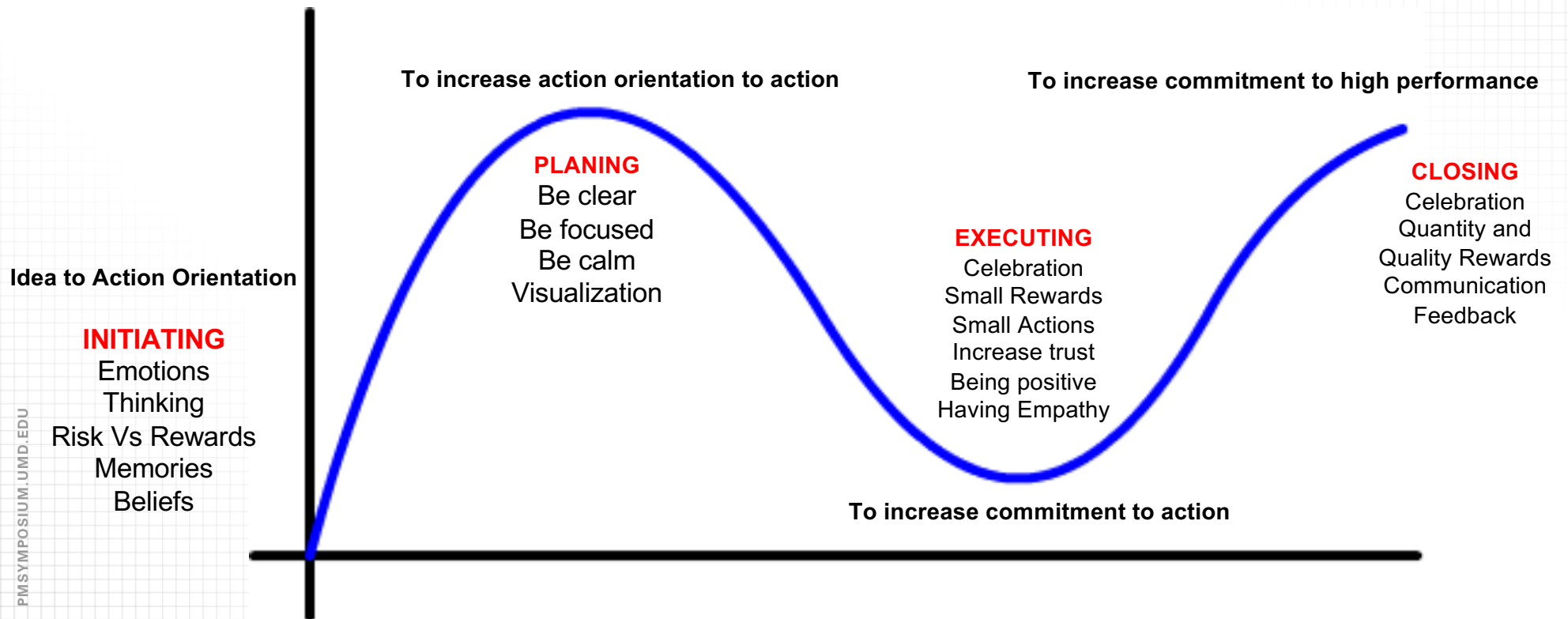
Project Management Processes: Start to Finish



It is not enough to have an idea;
you have to bring yourself and **your team to action.**



Life Cycle of Motivation





Maintaining High Performance





Maintaining High Performance



- High-performing teams are those which:*
- *Set goals,*
 - *Make decisions*
 - *Communicate*
 - *Manage conflict*
 - *Solve problems in a supportive, trusting atmosphere in order to accomplish their objectives.*

